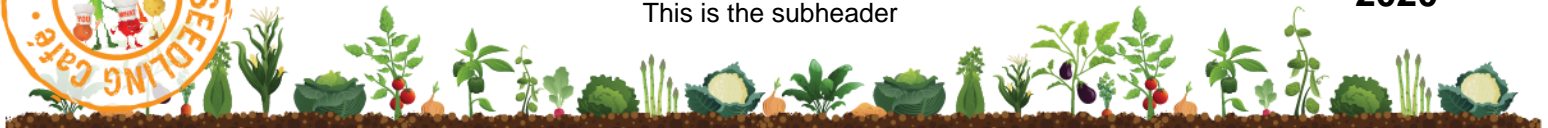




# St. Augustine Catholic School Lunch Menu

October  
2020

This is the subheader



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>			<p>1</p> <p>Salisbury Steak Sandwich Turkey Deli Sub Sandwich Mashed Potatoes Fresh Vegetable Fresh Fruit</p>	<p>2</p> <p>Papa John's Pizza Crispy Chicken Salad Golden Fries Fresh Vegetables Fresh Fruit</p>
<p>5</p> <p>Crispy Chicken Sandwich WG Chips, Salsa &amp; Cheese Cubes Roasted Cauliflower Fresh Vegetable Fresh Fruit</p>	<p>6</p> <p>Pasta with Meat Sauce Rip Stick Breadstick Pizza Munchable Green Beans Fresh Fruit Bar Fresh Vegetable</p>	<p>7</p> <p>Toasted Cheese Sandwich Homemade Tomato Soup Yogurt Pak with Pretzel Bites Garden Peas Fresh Fruit Fresh Vegetable</p>	<p>8</p> <p>Fall Break</p>	<p>9</p> <p>Fall Break</p>
<p>12</p> <p>Sausage Egg &amp; Cheese Buscuit Pizza Munchable Breakfast Potatoes Fresh Fruit Fresh Vegetable</p>	<p>13</p> <p>Beef Hotdog on a Bun Buffalo Chicken Salad Baked Beans Fresh Fruit Fresh Vegetable</p>	<p>14</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Pretzel Pack Mashed Potatoes Fresh Fruit Fresh Vegetable</p>	<p>15</p> <p>Cheeseburger on Bun Turkey Deli Sub Sandwich Golden Fries Fresh Fruit Fresh Vegetable</p>	<p>16</p> <p>No School</p>
<p>19</p> <p>Bean &amp; Cheese Quesadilla Ham and Cheese Flatbread Munchable Steamed Carrots Romaine Lettuce Salsa Fresh Fruit</p>	<p>20</p> <p>BBQ Rib Sandwich Yogurt Pak with Bagel Caesar Side Salad Fresh Fruit Fresh Vegetable</p>	<p>21</p> <p>Sloppy Joe on a Bun Hot Dog on Bun Baked Beans Fresh Fruit Fresh Vegetable</p>	<p>22</p> <p>Cheesy Italian Flatbread Turkey Deli Sub Sandwich Green Beans Fresh Fruit Fresh Vegetable</p>	<p>23</p> <p>Papa John's Pizza Crispy Chicken Salad Golden French Fries Fresh Fruit Fresh Vegetable</p>
<p>26</p> <p>Crispy Chicken Sandwich WG Chips, Salsa &amp; Cheese Cubes Golden French Fries Fresh Fruit Fresh Vegetable</p>	<p>27</p> <p>BBQ Pulled Pork Sandwich Turkey BLT Salad Steamed Carrots Fresh Fruit Fresh Vegetable</p>	<p>28</p> <p>Soft Beef Tacos Ham Munchable Refried Beans Salsa Fresh Fruit Fresh Vegetable</p>	<p>29</p> <p>Hot Ham &amp; Cheese Panini Yogurt Pak with Bagel Cucumber Ranch Salad Fresh Fruit Fresh Vegetable</p>	<p>30</p> <p>Papa John's Pizza Pretzel Bites w/Cheese Cubes Fresh Fruit Green Beans Fresh Vegetable</p>

<b>INFORMATION</b>	Student Lunch	\$3.50
	Adult Lunch	\$4.00
	Extra Entree	\$2.50
	Extra Milk	\$0.50

**EXTRA INFO**

Lunch Meals include 1 entree, 1 side, milk or water and our fresh daily selections of fruit and vegetables

**HARVEST OF THE MONTH**

Your MENUS plus more information on our app  
TaHER Food4Life®